

TITLE: EMERGENCY PREPAREDNESS FOR OLDER PEOPLE

<http://www.ilcusa.org>

Common Problems that might arise to older people in event of a disaster

Older people who are cognitively impaired of hearing or seeing may have trouble in following the directions or instructions that are provided to them. Due to this reason, they might be restrained under a disaster.

Older people who are cripple and use walkers, wheelchairs or canes cannot move until or unless they use an elevator but what if an elevator stops working in a disaster such as hurricane, tornado, building on fire, etc.

Moreover, older people are more prone to ill effects or extreme temperatures especially if there is unavailability of gas and electricity for longer period.

What are the concerns of older people aftermath when a disaster has touched their lives?

The good news for older people when they have suffered a disaster event is that they really experience psychological effects of stress because they have lived for five or six decades of their lives and faced a lot of challenges when they were young so it is evident that they hardly suffer from stress as they know how handle it.

But at the time it gets difficult for them to isolate themselves from their possessions that they might have lost in the outrageous disaster. The loss of treasured possessions especially their homes and houses is enough to drive them insane.

Moreover, at this age they need social support more than others because they need to be pampered so that they can lead their lives happily and handle the aftermath of disaster of their life with courage and confidence.

How the International Longevity Center-USA (ILC-USA) can lend a hand in relieving older people when in Disaster?

Keeping all this in view and many other factors the **International Longevity Center-USA (ILC-USA)** whose sole purpose and mission is to work for the betterment of the older people who needs it. To pursue its mission the **International Longevity Center-USA (ILC-USA)** is conducting valuable and contributing research to find out easy different and diverse ways to help elderly people. With its varied and assorted ways the **International Longevity Center-USA (ILC-USA)** is not making strong older people of USA but is also helping older people in world four major cities: London, New York, Tokyo and Paris by sharing their precious constructive and beneficial research.

Moreover, the **International Longevity Center-USA (ILC-USA)** is also educating the older people on how to deal with a disastrous situation without panic by addressing their above mentioned concerns.